



WORKPLACE
CHALLENGE



Challenge...

Your Colleagues Your Friends Your Self

Join the **WORKPLACE CHALLENGE** today
www.workplacechallenge.org.uk



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@workplacechall

Aimed at organisations across England this is a FREE challenge for you and your business to get active.

1 ACTIVITY LOG

Log your levels of sport, physical activity and active travel online, whilst competing with other workplaces, friends and colleagues at the same time. The more activity you do, the more points you get... and points make prizes!

2 COMPETITION PROGRAMME*

Take part in our inter-workplace sports competitions!

Our County Sports Partnerships organise inter-workplace competitions across a variety of sports for you and your colleagues. It doesn't matter if you haven't played before, local sport coaches will provide support and instruction for your team and all events are low cost with an emphasis on fun.

3 BUSINESS GAMES*

Businesses within each County Sports Partnership are invited to take part in a range of team sports and challenges at local multi-sport events. No experience is necessary as the emphasis is on fun and networking.



WORKPLACE CHAMPIONS

In partnership with the British Heart Foundation, the **WORKPLACE CHALLENGE** has coordinated a series of training sessions focusing on how to improve the health and wellbeing of your organisation's workforce. Become a **WORKPLACE CHAMPION** to gain valuable resources and support to help improve the lives of your colleagues.



Sign up for FREE today!

County Sports Partnerships (CSPs)

County Sports Partnerships play a pivotal role in helping people to get involved in sporting activities in their local communities every year.

Made up of 49 accredited teams across England, the County Sports Partnerships fall under the umbrella organisation of the County Sports Partnership Network (CSPN) and work with key local stakeholders to deliver national sport and physical activity policy and campaigns.

Reaching the hearts of local communities, County Sports Partnerships encourage people to lead healthier and active lifestyles.



For more information contact **WORKPLACE CHALLENGE**

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